



**Poznań Cup 2026**

**INTERCLUB EVENT**

**Poznań, Poland**

**26-29.03.2026**

**ANNOUNCEMENT**

# **Poznań Cup 2026**

**An Interclub Competition**

**for**

**Men, Women, Ice Dance, Solo Ice Dance**

**organized by**

**UKS Cascade**



**Poznań, Poland**

**26-29.03.2026**

**under the authorization of the**

**POLISH FIGURE SKATING ASSOCIATION**



**POLISH  
FIGURE SKATING  
ASSOCIATION**

## 1. GENERAL REGULATIONS

The **Poznań Cup 2026** will be conducted in accordance with the ISU Constitution and General Regulations, the Special Regulations & Technical Rules Single & Pair Skating and Ice Dance 2024, and the relevant ISU Communications.

Participation in **Poznań Cup 2026** is open to all Competitors who belong to an ISU Member, and qualify with regard to eligibility according to Rule 102, provided their ages fall within the limits specified in Rule 108, paragraph 3 a) and they meet the participation, citizenship and residency requirements in Rule 109, paragraphs 1 through 5 and ISU Communication 2526 or any update of this Communication.

## 2. TECHNICAL DATA

**PLACE**            **Main arena: "Chwiałka Ice Rink", Poznań ul. Żelazka 1**  
(an indoor ice-rink with the ice surface of 30 x 60m)

<b>MEN</b>	Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024, Rule 611, paragraphs 1 and 2.  Duration:            2 min. 40 sec. +/- 10 sec.
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the "well balanced program" and the element value.  Duration:            4 min. +/- 10 sec.
<b>WOMEN</b>	Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024 Rule 611, paragraphs 1 and 2.  Duration:            2 min. 40 sec. +/- 10 sec.
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the "well balanced program" and the element value.  Duration:            4 min. +/- 10 sec.
<b>SENIOR ICE DANCE</b>	Rhythm Dance	In accordance with ISU Technical Rules Ice Dance 2024, Rule 709. Rhythms, required elements and guidelines are those listed in ISU Communications 2704 and subsequent updates.  Duration:            2 min., 50 sec., +/- 10 sec
	Free Dance	In accordance with ISU Technical Rules Ice Dance 2024, Rule 710. The required elements to be skated are those listed in ISU Communication 2704 and subsequent updates.  Duration:            4 min., +/- 10 sec.

**JUNIOR  
MEN**

Short Program The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024, Rule 611, paragraphs 1 and 3 for 2025/2026.

Duration: 2 min. 40 sec. +/- 10 sec.

Free Skating In accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the "well balanced program" and the element value.

Duration: 3 min. 30 sec. +/- 10 sec.

**JUNIOR  
WOMEN**

Short Program The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024 Rule 611, paragraphs 1 and 3 for 2025/2026.

Duration: 2 min. 40 sec. +/- 10 sec.

Free Skating In accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the "well balanced program" and the element value.

Duration: 3 min. 30 sec. +/- 10 sec.

**JUNIOR  
ICE DANCE**

Rhythm Dance In accordance with ISU Technical Rules Ice Dance 2024, Rule 709. Rhythms, required elements and guidelines are those listed in ISU Communication 2704 and subsequent updates.

Duration: 2 min., 50 sec., +/- 10 sec

Free Dance In accordance with ISU Technical Rules Ice Dance 2024, Rule 710. The required elements to be skated are those listed in ISU Communication 2704 and subsequent updates.

Duration: 3 min., +/- 30 sec.

**ADVANCED NOVICE A  
WOMEN & MEN  
(Junior Mf. A)**

Short Program In accordance with ISU Communication No. 2699 or any subsequent updates.

Duration: 2 min. 20 sec. +/- 10 sec.

**Born:**  
01.07.2009 - 30.06.2011

Free Skating In accordance with ISU Communication 2699 and the respective ISU Communication. Special attention should be paid to the "well balanced program" and the element value.

Duration: 3 min. +/- 10 sec.

**ADVANCED NOVICE B  
WOMEN & MEN  
(Junior Mf. B)**

Short Program In accordance with ISU Communication No. 2699 or any subsequent updates.

Duration: 2 min. 20 sec. +/- 10 sec.

**Born:**  
After 30.06.2011

Free Skating In accordance with ISU Communication 2699 and the respective ISU Communication. Special attention should be paid to the "well balanced program" and the element value.

**Additional Groups**

**B U18**  
01.07.2007 - 30.06.2011

Duration: 3 min. +/- 10 sec.

**ADVANCED NOVICE  
ICE DANCE**

**(Junior Mł. A)**

Pattern Dances

In accordance with the ISU Communication No. 2700 and updates  
Two (2) Pattern Dances are to be skated:

- 1) Starlight Waltz**
- 2) Quickstep**

Couples shall provide their own music.

Free Dance

In accordance with the ISU Communication 2700, 2716 with updates.

Duration: 3 min. +/- 10 sec.

**INTERMEDIATE  
NOVICE ICE DANCE**

**(Junior Mł. B)**

Pattern Dances

In accordance with the ISU Communication No. 2700 and updates.  
Two (2) Pattern Dances are to be skated:

- 1) Rocker Foxtrot**
- 2) Tango**

Couples shall provide their own music.

Free Dance

In accordance with the ISU Communication 2700, 2716 with updates.

Duration: 2 min. 30sec. +/- 10 sec.

**BASIC NOVICE  
ICE DANCE**

**(Silver Category)**

Pattern Dances

In accordance with the ISU Communication No. 2700 and updates  
Two (2) Pattern Dances are to be skated:

- 1) Willow Waltz**
- 2) Tango Canasta**

Couples shall provide their own music.

Free Dance

In accordance with the ISU Communication 2625, 2716 with updates.

Duration: 2 min. +/- 10 sec.

<p><b>GOLD U13 GIRLS &amp; BOYS</b></p> <p><b>Born:</b> After 30.06.2012</p> <p><b>Additional Groups U15</b> 01.07.2010 - 30.06.2012</p> <p><b>U18</b> 01.07.2007 - 30.06.2010</p>	<p>Free Skating</p>	<p>The well balanced program in accordance to ISU Communication No. 2699 Guidelines for International Novice Competitions Single Skating Adv. Novice Girls and Boys B 2.3</p> <p><b>I GENERAL</b> Duration: 3 min. +/- 10 sec.. Warm-up: 5 min Components factor: - Boys – 2,40 - Girls – 2,13</p> <p><b>Max level:</b> 3 (additional features will be ignored)</p> <p>All deductions and bonus rules in accordance to ISU Communication No. 2699 Guidelines for International Novice Competitions Single Skating Adv. Novice Girls and Boys B 2.3 Free Skating</p> <p><b><u>BONUS (max 3 points)</u></b></p> <ul style="list-style-type: none"> <li>- 2A – 1 point</li> <li>- Triple jumps – 1 point</li> </ul> <p>Bonus can be awarded:</p> <ul style="list-style-type: none"> <li>- jump is clean or has „q“ sign (even with fall)</li> <li>- once for 2A and twice for different triple jumps</li> <li>- jumps cannot be underrotated „&lt;“, downgraded „&lt;&lt;“, with wrong edge „e“ or invalid „*“</li> <li>- jump with sign „+REP“ will get bonus</li> </ul>
<p><b>SILVER U11 GIRLS &amp; BOYS</b></p> <p><b>Born:</b> After 30.06.2014</p> <p><b>Additional Groups U15</b> 01.07.2010 - 30.06.2014</p> <p><b>U18</b> 01.07.2007 - 30.06.2010</p>	<p>Free Skating</p>	<p><b>I Jumps</b> (max.5) There must be a maximum of 5 jump elements, one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.</p> <ul style="list-style-type: none"> <li>- One jump combination can consist up to two (3) jumps, but second jump in jump combination must be an 1Eu (Euler jump)</li> <li>- A jump sequences consist of two (2) jumps of any number revolutions, beginning with any jump, immediately followed by any an Axel type jump with a direct step from the landing curve of the first jump to take-off curve of the Axel jump.</li> <li>- Any single, double or triple jump can be executed only twice during the program.</li> </ul> <p><b>II Spins</b> (max. 2) There must be a maximum of two (2) spins of a different nature (abbreviation). One of which must be a spin combination (minimum eight (8) revolutions), flying entrance is not allowed.</p> <p>One must be flying spin or a spin with flying entrance:</p> <ul style="list-style-type: none"> <li>- minimum six (6) revolutions for spin without change of foot or minimum eight (8) revolutions for spin with change of foot.</li> <li>- In spin combination more than one change of foot is allowed</li> </ul> <p><b>III Step Sequence</b> (max. 1)</p>

		<p>There must be a maximum one (1) Step Sequence fully utilizing ice surface. Minimal requirements to receive Level Base, Step Sequence must include at least <b>two (2)</b> <u>clean performed difficult steps or turns</u>.</p> <p><b>IV GENERAL</b> Duration: 2 min., 50 sec. +/- 10 sec.. Warm-up: 4 min Components factor: - Boys – 2,00 - Girls – 2,00 <b>Max level:</b> 3 (additional features will be ignored)</p> <p><b><u>BONUS (max 4 points)</u></b></p> <ul style="list-style-type: none"> <li>- 2A – 1 point</li> <li>- Triple jumps – 1,5 point</li> </ul> <p>Bonus can be awarded:</p> <ul style="list-style-type: none"> <li>- jump is clean or has „q“ sign with fall</li> <li>- jump is under-rotated „&lt;“ without fall</li> <li>- once for 2A and twice for different triple jumps</li> <li>- jumps cannot be downgraded „&lt;&lt;“, with wrong edge „e“ or invalid „*“</li> </ul> <p>All deductions in accordance to ISU Communication No. 2699 Guidelines for International Novice Competitions</p>
<p><b>BRONZE U9 GIRLS &amp; BOYS</b></p> <p><b>Born:</b> After 30.06.2016</p> <p><b>Additional Groups</b> <b>U12</b> 01.07.2013 - 30.06.2016</p> <p><b>U15</b> 01.07.2010 - 30.06.2013</p> <p><b>U18</b> 01.07.2007 - 30.06.2010</p>	<p>Free Skating</p>	<p><b>I Jumps</b> (max.5) There must be a maximum of 5 jump elements. One of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.</p> <ul style="list-style-type: none"> <li>- A jump combination can consist up to two (2) jumps.</li> <li>- A jump sequences consist of two (2) jumps of any number revolutions, beginning with any jump, immediately followed by any an Axel type jump with a direct step from the landing curve of the first jump to take-off curve of the Axel jump.</li> <li>- Any single, double or triple jump can be executed only twice during the program.</li> </ul> <p><b>II Spins</b> (max. 2) There must be a maximum of two (2) spins of a different nature (abbreviation).</p> <ul style="list-style-type: none"> <li>- One of which must be spin in one position of sit or camel spin without change of foot (min. 4 revs.) or with change of foot (min. 4/4 revs. on each foot).</li> <li>- the second one can be any type of spin of a different nature (abbreviation): If it's a spin in one position or spin combination without change of foot there must be minimum four (4) revs. If it's a spin with change of foot there must be minimum four/four (4/4) revs on each foot.</li> </ul> <p>In spins in one position with or without change of foot difficult variation must be preceded by 2 revolutions in basic (no variation) position on each foot. Eg.</p>

- Basic sit position (2 revs), sit forward, sit behind
- Basic sit position (2 revs), sit forward, change of foot, normal sit (2 revs), sit behind

If it is a spin combination, holding basic position before difficult variation of position is not required to be counted.

Spins can be started with jump.

Extra Features

- Execution of 6 revolutions in any variation or basic positions (no variation) of sit or camel spins counts as a feature only once in program.
- Three (3) basic positions done on one foot in spin combination with or without change of foot will be counted as a feature only once in the program.

**III Choreo Step Sequence (ChStSq)**

(max. 1)

There must be a maximum one (1) Choreo Step Sequence fully utilizing ice surface, which must:

- consist of one (1) spiral position (with knee of free foot above the hip level) skated on a curve, kept for minimum 3sec.
- One skating movement (Mondo, Ina Bauer etc.)
- Clearly visible step sequence with attempt of at least two (2) difficult steps or turns

If **first bullet** is missing – No Value will be given

If one of above bullets is missing – „V“ mark will be given.

If two or more of above bullets are missing – No Value will be given.

**Level features** (1 feature for lvl 1, 2 features for lvl 2)

- More than 3 sec in difficult spiral position on curve
- Minimum two (2) clean performed steps or turns
- Change of edge in spiral or difficult spiral position, 3 sec in position before and after the change

Examples of difficult spiral positions:

Split position (more than 130 deg.), Biellmann, caught spiral position with free foot above head, spiral position (at least 120 deg.), positions, which requires more physical strength or flexibility

**1** Clearly visible step sequence must contain at least 2 attempts of difficult steps and/or turns connected with different steps. Steps should be done one by one to create one visible pattern. No more than 2 crossovers can be executed in the visible step sequence.

<b>ChStSq (SOV)</b>	
ChStSqB	1,0
ChStSq1	1,5
ChStSq2	2,0

**IV GENERAL**

Duration: 2 min., 30 sec. +/- 10 sec..

**Max level:** 2 (additional features will be ignored)

		<p>Warm-up: 4 min Components factor: - Boys – 1,67 - Girls – 1,67</p> <p>All deductions in accordance to ISU Communication No. 2699 Guidelines for International Novice Competitions</p>
<p><b>INITIAL U7 GIRLS &amp; BOYS</b></p> <p><b>Warm-up: 5 min</b></p> <p><b>Born:</b> After 30.06.2018</p> <p><b>Additional Groups</b></p> <p><b>Warm-up: 4 min</b></p> <p><b>U9</b> 01.07.2016 - 30.06.2018</p> <p><b>U12</b> 01.07.2013 - 30.06.2016</p> <p><b>U15</b> 01.07.2010 - 30.06.2013</p> <p><b>U18</b> 01.07.2007 - 30.06.2010</p>	Free Skating	<p><b>I Jumps</b> (max.4)</p> <p>There must be a maximum of 4 jump elements. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.</p> <ul style="list-style-type: none"> <li>- A jump combination can consist up to two (2) jumps.</li> <li>- A jump sequences consist of two (2) jumps of any number revolutions, beginning with any jump, immediately followed by any an Axel type jump with a direct step from the landing curve of the first jump to take-off curve of the Axel jump.</li> <li>- Any single, double jump can be executed only twice during the program.</li> <li>- Waltz Jump will be counted as a listed jump (1W) with Base Value 0.2</li> </ul> <p><b>II Spins</b> (max. 2)</p> <p>There must be a maximum of two (2) spins:</p> <ul style="list-style-type: none"> <li>- One of which must be spin in one position without change of foot (min. 4 revolutions).</li> <li>- The second one can be any type of spin</li> </ul> <p>If it's a spin in one position or spin combination without change of foot there must be minimum four (4) revolutions.</p> <p>If it's a spin with change of foot there must be minimum four/four (4/4) revolutions on each foot.</p> <p>Difficult variations of positions are not allowed. If spin consists only of difficult variations, will receive level and „V“ mark will be added. Spins can't be started with jump.</p> <p><u>Extra Features</u></p> <ul style="list-style-type: none"> <li>- Execution of 5 revolutions in basic positions (no variation) of: upright, sit or camel spin counts as a feature only once in program.</li> <li>- Three (3) basic positions done on one foot in spin combination with or without change of foot will be counted as a feature only once in the program.</li> </ul> <p><b>III Choreo Step Sequence (ChStSq)</b> (max. 1)</p> <p>There must be a maximum one (1) Choreo Step Sequence utilizing 2/3 of ice surface, which must:</p> <ul style="list-style-type: none"> <li>- consist of one (1) spiral position (with knee of free foot above the hip level), kept for minimum 3sec.</li> <li>- Two (2) skating movement (not spiral position), (Mondo, Ina Bauer, steps, turns etc.)</li> </ul>

		<p><b>Level features</b> (1 feature for lvl 1)</p> <ul style="list-style-type: none"> <li>- More than 3 sec in difficult spiral position on curve</li> <li>- Minimum two (2) clean performed steps or turns</li> <li>- Change of edge in spiral or difficult spiral position, 3 sec in position before and after the change</li> </ul> <p>Examples of difficult spiral positions: Split position (more than 130 deg.), Biellmann, caught spiral position with free foot above head, spiral position (at least 120 deg.), positions, which requires more physical strength or flexibility</p> <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th colspan="2" style="text-align: center;">ChStSq (SOV)</th> </tr> </thead> <tbody> <tr> <td style="width: 60%;">ChStSqB</td> <td style="text-align: center;">1,0</td> </tr> <tr> <td>ChStSq1</td> <td style="text-align: center;">1,5</td> </tr> </tbody> </table> <p><b>IV GENERAL</b> Duration: 2 min. +/- 10 sec.. <b>Max level:</b> 1 (additional features will be ignored) Components factor:  <ul style="list-style-type: none"> <li>- Boys – 1,67</li> <li>- Girls – 1,67</li> </ul> All deductions in accordance to ISU Communication No. 2699 Guidelines for International Novice Competitions</p>	ChStSq (SOV)		ChStSqB	1,0	ChStSq1	1,5
ChStSq (SOV)								
ChStSqB	1,0							
ChStSq1	1,5							

**Please note!**

OC reserves the right to combine adjacent age groups in given categories in accordance with the resolution of the PZŁF board.

## SOLO ICE DANCE

The **Poznań Cup 2025** Solo Ice Dance competition will be conducted in accordance to the International Solo Ice Dance Requirements 2025-2026 and all relevant communications.

<https://isu-skating.com/figure-skating/events/solo-ice-dance/>

<b>Basic Novice</b>	<b>BASIC – has not reached age of 14 by 1.07.2025</b> Level 1 – no age requirements
<b>Intermediate Novice</b>	<b>BASIC - has not reached age of 16 by 1.07.2025</b> Level 1 – no age requirements
<b>Advanced Novice</b>	<b>BASIC - has reached age of 10 and has not reached age of 18 by 1.07.2025</b> Level 1 – no age requirements
<b>Junior</b>	has reached age of 13 and has not reached age of 21 by 1.07.2025
<b>Senior</b>	has reached age of 17 by 1.07.2025

## ADULT COMPETITION

The **Poznań Cup 2026 Adult** competition will be conducted in accordance to the International Adult Figure Skating Competition Technical Requirements 2025-2026 season in **Bronze, Silver, Gold, Master** categories. Additional age group – Young Adult – born between 1.07.1997 a 30.06.2007.

<https://isu-skating.com/figure-skating/events/adult-skating/>

**Please note!** In case of a small number of entries, OC reserves the right to combine age groups

### 3. ENTRIES

#### 3.1 General

Entries for the **Poznań Cup 2026** must be done through:

- PZŁF skaters via the **PZŁF Online Registration System (ORS)**
- Polish skaters one-time license via **Google Form**: <https://forms.gle/bYx9NRawTUeJm1fB7>
- Single skaters from abroad via **Google Form**: <https://forms.gle/dzaBnX1suE5WtxjS8>
- Solo Ice Dance skaters from abroad via **Google Form**: <https://forms.gle/Hx8RhEjvf7nL1M5k7>
- Skaters for interpretation **Google Form**: <https://forms.gle/uFX3XNSnmzquBhQs5>

not later than: **Tuesday, 10<sup>th</sup> March, 2026 – 24:00 h (local time city of event)**.

Each Club can enter unlimited number of skaters in each category.

#### 3.2 Entries by Name

##### 3.2.1 Entries of Competitors

The Entries by names must be made as written above, not later than:

**Tuesday, 10<sup>th</sup> March, 2026 – 24:00 h (local time city of event)**.

##### 3.2.2 Entries of Judges

Each participating club from abroad has the right to nominate one judge who has at least the qualification "Judge for National Competitions".

The Entries of Judges must be made via e-mail [piotr.nowak@pzlf.pl](mailto:piotr.nowak@pzlf.pl) not later than:

**Tuesday, 10<sup>th</sup> March, 2026 – 24:00 h (local time city of event)**

Each panel of Judges will consist of at least 3 Judges.

#### 3.3 Entry Fee

With the entry to the competition, the entry fee must be paid as follows:

**350 PLN** per single skater (**400 PLN** after 10<sup>th</sup> March)

**400 PLN** per couple (**450 PLN** after 10<sup>th</sup> March)

**190 PLN** per second adult category

If one-time license PZŁF- additional **120 PLN** must be paid to the OC.

Entry fee refund:

- **No** refund in case of withdrawals for any reason after entries are closed.

Payment by transfer will be only accepted and must be done not later than:

**Tuesday, 10<sup>th</sup> March, 2026**

Transfer must be done **only by Clubs** and should be named as follow:

PZN0326\_club\_number of skaters

in the case of payment by the club, the list of participants should be sent to the OC for whom the payment was made.

#### PLN Account

Account holder: **UKS CASCADE, ul. Droga Dębińska 21, 61-550 Poznań**

Bank name: Santander Bank Polska S.A.

IBAN AccountNo.: PL 93 1090 1854 0000 0001 5266 4046

BIC /SWIFT/No. : WBKPPLPPXXX

#### **Please note!**

**Skaters who will not do payment till Tuesday, 17<sup>th</sup> March, 2026 will be withdrawn from the competition.**

## **4. MEALS, LODGING AND TRAVEL EXPENSES**

The organizer will provide and cover the expenses for rooms and meals for all Referees, the Technical Controllers, the Technical Specialists, the Data and Replay Operators and Judges participating, beginning with dinner on **Thursday, 26<sup>th</sup> March, 2026** until lunch on **Sunday, 29<sup>th</sup> March, 2026**.

Should any of the above-mentioned persons arrive at the hotel before or stay longer than the period described above, their room costs and expenses will be the responsibility of the individual and must be paid on arrival.

## **5. OFFICIAL PRACTICE**

There will be no official practices.

## **6. EXTRA PAID PRACTICE**

There will be extra paid practices. Please contact: [biuro@ukscascade.pl](mailto:biuro@ukscascade.pl)

## **7. MUSIC / PLANNED PROGRAM CONTENT**

In accordance with Rule 343 in the ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dance, the following method to submit the Competitor's music to the Organizing Committee must be followed:

Participant is responsible for submitting their Competitor's music:

- PZŁF skaters via ORS
- Skaters from abroad and one-time license via dropbox:  
<https://www.dropbox.com/request/7Xkwwg9nZrukn1PdDbQUq>

until **Tuesday, 10<sup>th</sup> March, 2026**

- each submission shall be labelled with the name of the category, segment and the name(s) of the competitor(s), ISU Member:

Example:

Junior\_Men\_SP\_WITKOWSKI-Milosz\_POL

Junior\_Men\_FS\_WITKOWSKI-Milosz\_POL

- the music files must be sent as WAV or MP3 file formats. Any other format is not acceptable.

Please note: Files in MP3 format may have a significant difference in the music quality when reproduced. The Organizing Committee in this case is not responsible if the music quality would be insufficient.

- Each Competitor must have an own back-up drive (USB Stick) for each program in the format of a WAV or MP3 file.

- The exact running time of the music (not skating time) must be communicated to the Organizing Committee when submitting the music and shall be certified by the Competitor/Coach/Team Leader at the time of registration.

Please note: CDs will **not** be accepted by the Organizing Committee.

The Planned Program Content must also be entered by the participants on the dedicated Platform, not later than: **Tuesday, 10<sup>th</sup> March, 2026:**

- PZŁF skaters via the **PZŁF Online Registration System (ORS)**
- Skaters from abroad via **Google Form** upon registration
- Polish skaters one-time license via **Google Form** upon registration

It is mandatory that the Program Content information be filled in precisely by each Skater/team in English using the terminology for the elements listed in the respective ISU Communication.

**Please note!**

**Skaters who will not send / upload music and PPC in required time will be withdrawn from the competition with no money refund.**

## **8. ARRIVAL OF PARTICIPANTS / TEAMS**

The nearest airports/stations to **Poznań** are:

- **Poznań Airport**

## **9. ACCREDITATION**

The official accreditation for Teams is planned at the “**Cracovia Ice Rink**” upon arrival.

All participants **must** present an identity card or passport to confirm date of birth and nationality

## **10. RESULTS**

The marking system (ISU Judging System) as described in ISU Technical Rule Single & Pair Skating 2024, Rule 352 and Rule 353 (Determination and publication of results) will be used.

Starting Order and Results will be available at: <https://pzlf-wyniki.pl/2526/PZN0326L/>

## **11. DRAWS**

There will be an electronic draw - **Monday, 23<sup>rd</sup> March, 2026 21:00h**

Starting Order to Free Skating will be in reverse order to Short Program results.

## **12. ONLINE BROADCAST**

**Poznań Cup 2026** will be fully broadcast live at: <https://www.youtube.com/@polfsskatingbroadcast>

## **13. PRESENTATION OF MEDALS**

All skaters in each event will be announced and honored. The three best placed Skaters receive medals. All Victory Ceremonies will be off-ice.

## **14. INSURANCE / LIABILITY**

It is the sole obligation of each Club participating in event, to provide medical and accident insurance for their athletes, officials and all other members of the Member's team. Such insurance must assure full medical attendance and also the return of the ill or injured person to the home country by air transport or by other expeditious. It is an internal matter of each club to decide the issue who shall pay the premium for such insurance.

The Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection incurred by Competitors and Officials.

## 15. EXHIBITION GALA

There will be no exhibition gala.

## 16. INFORMATION AND VARIOUS

For information, please contact the Organizing Committee  
[biuro@ukscascade.pl](mailto:biuro@ukscascade.pl)

OC Head – Oksana Semenchenko  
Technical Delegate – Piotr Nowak

## 17. EVENT SCHEDULE

Event schedule will be published just after entries are closed.

**Detailed time schedule will be available at:**

[https://pzlf.pl/public/uploads/documents/Zawody/2025-2026/PZN0326\\_TimeSchedule.pdf](https://pzlf.pl/public/uploads/documents/Zawody/2025-2026/PZN0326_TimeSchedule.pdf)

## FORMS AND DEADLINES

No.	Form	Format	Link	Deadline
1	Entry Form for Competitors	ORS / Google Form		10.03.2026
2	Entry Form for Judges	e-mail	<a href="mailto:piotr.nowak@pzlf.pl">piotr.nowak@pzlf.pl</a>	10.03.2026
3	Entry Fee Payment	transfer		10.03.2026
4	Music Upload	ORS/dropbox	<a href="https://www.dropbox.com/request/7Xkwg9nZrukn1PdDbQUq">https://www.dropbox.com/request/7Xkwg9nZrukn1PdDbQUq</a>	10.03.2026
Form 1	Visa request form	e-mail	<a href="mailto:biuro@ukscascade.pl">biuro@ukscascade.pl</a>	A.S.A.P.